

Master Mind Your Mind with Your Own Thoughts

Mastering the mind is a two-fold process. First, understanding that everything is pure energy and that thought is the creator of what the mind images into the invisible intelligence. Second, perfecting the art of transforming to the visible, that, which had been created in the invisible.

Christ, Buddha, Einstein, along with all the prophetic, spiritual and philosophic leaders of ancient and recent times, have delivered the same message to man. That thought is the most potent and most powerful energy in the universe; that man has the will to choose his thoughts, the ability to form images in his mind, the e-motions to submit his thoughts to laws of the universe and the desire to manifest and receive what he wishes or thinks about.

"Ask and you shall receive", "Seek and you shall find", "Know your-self", "You are what you think", thought is pure energy, and desire is an e-motion as in energy seeking motion. Submitting the images of thought to the invisible is the "asking" and manifesting these images to form into the visible is the "receiving".

Einstein taught that energy is mass times velocity ($E=MC^2$), velocity being a frequency vibration and mass being any matter taking form according to its frequency level. Thoughts form matter in the fields of intelligent invisible energy, then matter takes form into the visible according to its energy composition and frequency vibration.

The mind has thought and desired to have a body and accordingly took the form of a physical being. The physical body is pure energy originally formed in intelligence, which took form according to its thought. Every thought, without judging whether good or bad, is manifested according to basis of cause and effect, action and reaction and universal laws of attraction. The cause is the thought and the effect is its manifestation.

Man is blessed with the will to choose his own thoughts and e-motions. When man relinquishes his will power, allowing negative thoughts in his mind and negative e-motions in his heart, he manifests disease (Dis-Ease), a lack of harmony between his mind and body. The soul seeks only peace and full harmony between all aspects of its being. When the mind is constantly bombarded with negative images whether from television, media or subconscious conditioning of external influences, man surrenders his birth right to live a self-empowering life of full expression. Desire is a life-force and a living energy seeking expression and the mind orchestrates all that is necessary to fulfill life-seeking expressions, with thought.

The same energy that creates infinite planetary systems, that causes a seed to grow into a tree, that transforms the visit of an innocent child into the farewell of an innocent old man, is the same intelligent energy that dances between the cells of our bodies and bounces between the stars, for all I can think of. What controls this energy is pure thought.

Tremendous respect and gratitude should be given to the most recent thinkers and scientists of quantum physics who have nullified Newton's theory of separation and dependence on DNA conclusions. These new scientists are miracle makers offering scientific-based alternatives to healing through self-empowering thoughts and e-motions, a God-like approach to humanity.

To master mind your own mind, think truth and think God-like thoughts, along which, the following truths are being proposed:

One is in all and all is in one. We are all elements of one humanity body. Every thought, e-motion and action that affects the one affects the whole. Each has a responsibility to re-think what one thinks and re-evaluate how one feels. Then utilize the power of the will to atone. Akin in everyone is the essence of the soul, inseparable and in-differentiable, as love and truth.

Change is the only constant in the universe. Resisting change deprives life from full expression.

Only what is permanent is real. The soul is permanent and the body is its reflection, but the mind can preserve the body with continuing thoughts of life and change.

Time does not exist. From the soul's perspective, past, present and future are simultaneous. Hence, eternity is in no time and no place but the here and now. Acting now is empowerment and delayed action is disempowerment.

The left brain is logical and calculative; it can only compute past experiences to formulate a projected future. The right brain is illogical, magical and intuitive; it is timeless, creative and expansive. Renew your thoughts with right-brain thinking in the here and now.

Your urge to change and become more of who you are, as opposed to fixing the less you think you had been, is what determines your state of being now. Your past preserves your memories and your future holds your hopes. In the now, you will no longer paint aspirations with regrets, for your thoughts will be focused upon an ever-changing now.

The most miraculous creative energy in the universe is that of Love. Give it and equally receive it. You are a product of love and every single beating heart has the capacity to heal the world. Self-love is first and foremost, because you cannot give that which you do not have.

The highest aspiration is to think God-like. No one knows what God thinks, but at the very least, He must think that his children love his creations and are grateful for his bestowal of their will to marvelously co-create with Him in joy and wonder.

When you think God-like, you will witness God smiling in the morning sunrise; you will swim in the ocean of his tears of joy; you will become a stream joyfully flowing with thirst to meet the sea; you will shout to the highest skies rejoicing the reason for your being; you will fly like an eagle whose wings become your eyes that see colors of its rainbow in everyone else's eyes. Once you think God-like, the miracle of life, the wisdom of love and the beauty of creation get whispered to you in every breath you take; your happiness will lie in reflecting the marks of His hands in living, loving and co-creating; and you will fulfill your own prophecy by mastering your own mind.

Contemplate these truths with relentless faith and you will master your own mind to become all you can be, a miracle-maker who has mastered the art of converging to the visible, all that you have thought of and created into the invisible.

Disclaimer:

The writer of this article is only learning what is herein being preached. One who masters his own mind and is truly certified in the science of metaphysics, needs not to teach his mastery to the physical world, for he can create a reality within which all have already been taught.

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